

Westwood Academy Newsletter



Miss Wimperis says....

It has been a super first week of the Spring Term! After school clubs have been very popular this week, if you would like your child to attend an after school club please speak to the office to check availability. Please can children come to school wearing hats, scarves and gloves next week as it has been particularly chilly!

We sent our half termly PSHE newsletter this week. You will see many of the resources that were shared in the PSHE workshops. If you have any further questions about what your child is learning in PSHE, please do not hesitate to contact us.

The Harmony Trust PSHE Newsletter
Spring 1 2024

Learning in PSHE this half term is based around health and well-being and relationships education. Some children will learn about how to keep themselves safe whilst others will learn about the changing and growing body along with what makes a healthy friendship and relationship.

Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Keeping safe • Road safety • Fire safety • Water safety • Stranger safety	Changing & Growing • Puberty • The human body • Menstruation • Reproductive health • Mental health	Relationships/Healthy Relationships • Bullying • Peer pressure • Healthy relationships • Consent	Self-Help & Resilience • Self-esteem • Mindfulness • Coping strategies • Emotional regulation	Healthy Living • Diet and nutrition • Physical activity • Sleep • Mental health	Global Issues • Climate change • Human rights • Diversity and inclusion • Global citizenship

Keeping safe: Year 1
In Year 1, the children will learn about how to keep themselves safe in school and at home. They will learn about a range of different safety measures including medicine safety, sun safety, road safety, e-safety and personal and emotional safety. They will also learn about keeping themselves safe from strangers using the Clever Never Goes strategy.

#besafehealthyandhappy Year 2
In Year 2, the children will learn about personal privacy through the NSPCC Pantosaurus programme. They will learn about keeping privates private and that their body belongs to them. They will also know the difference between surprises and secrets.

Year 6
In Year 6, the children will explore appropriate touch. They will learn about what is good and uncomfortable touches, what is a safe and unsafe touch. They will learn how to report any concerns through a variety of support lines, like NSPCC, Childline and CEOP. They will further discuss when it is acceptable to keep a secret and when it is not. They will also explore digital boundaries too.

You can find out more about the Talk Pants and underwear rule at the NSPCC website: <https://www.nspcc.org.uk/keeping-children-safe/support-for-parents/pants-underwear-rule/>

You can find out more help, support and advice on your academy website under the safeguarding tab.

Our Word of the
Week:



resolution

Attendance Champions!

Year 1 (100%)

Our attendance target is
96%.

#everydaycounts

Stars of the week!

Year	Stars of the half term	Reasons for this award
Nursery	All Rising 3 children	For settling in and having a good first week in Nursery.
Reception	Hamida	For super learning during music and being able to keep the beat.
	Aaleyah	For fantastic independent learning when making repeating patterns.
Y1	Inayah	For giving wonderful explanations in Art!
	Sara	For creating a brilliant rhyming poem!
Y2	Tayiba	For fantastic reading comprehension.
	Tamjeed	For brilliant tiger description.
Y3	Maily	For having a positive attitude towards learning and working hard!
	Aryan	For showing an improvement in his behaviour and learning his times tables over the holidays!
Y4	Sayan	For applying his phonics skills across different subjects!
	Hamza A	For fantastic contribution in lessons!
Y5	Maria	For dedication and determination in all subjects
	Ihsan	For working very hard independently in all subjects
Y6	Aleena Zakaïy	For her hard work in maths For much improved behaviour and fabulous writing

What's been happening this week?



A warm welcome to our new Nursery children and families who have started with us this week. They have settled in so well and are really enjoying playing in our EYFS.



Check out the School Spider App or www.westwoodacademy.org for school updates

and class blogs!

