



THE HARMONY TRUST

BELIEVE • ACHIEVE • SUCCEED

Thursday, 08 February 2024

Dear Parent / Carer,

I am writing to alert you to a recent increase in measles across the country. The Harmony Trust has been asked by Public Health professionals to alert parents to this and to encourage those who have not yet had the MMR vaccine to seek this from their GP.

Measles is an infection that spreads very easily and can cause serious illness. People in certain at-risk groups including babies and young children, pregnant women, and people with a weakened immune system, are at increased risk of complications from measles.

Early symptoms of measles include a cold-like symptoms such as coughing, sneezing and feeling hot. Then a rash develops; the rash starts on the face and behind the ears before spreading to the rest of the body. The rash looks brown or red and can feel bumpy.

It is very important that people with suspected measles do not go to school, the GP or A&E as they are likely to infect others. If you are worried that you or your child has measles, stay at home, and ask for an urgent GP appointment. Do not attend the GP surgery until you have called ahead.

If you would like further information, please visit <https://www.nhs.uk/conditions/measles/> Children and adults can catch up on any missed vaccines. If you are not sure if you and your children have had the MMR vaccine, please check your online GP records, NHS app or red book. If you or your children have not had the MMR vaccine, please contact your GP to arrange this.

Your sincerely

Wendy May
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