



THE HARMONY TRUST

Westwood Academy



Miss Wimperis says ... A wonderful week of learning!
Visit our website and look at your child's blog to find out what they have been learning.

Miss Wimperis' news

Bounce Forward Parent Anxiety and Resilience Course

I am pleased to announce that we have commission Bounce Forward to deliver two Parent Anxiety and Resilience courses. Children and young people will feel anxious and worried from time to time. Anxiety is a normal or usual response to uncertainty. The way we respond as parents, and deal with our own anxiety plays a significant part in building our children's capacity to develop resilience.

Session 1: What is anxiety?

This session explores anxiety to ask what it is, where it comes from and why it's essential for human beings to experience anxiety.

Session 2: How we talk about anxiety

This session is a cognitive exploration of anxiety. Exploring what can get in the way of how we deal with our children's anxiety. Thinking about our own responses and the way we model dealing with stress, concerns and worries. The way we communicate through verbal and non-verbal responses.

Session 3: Helping my child deal with anxiety

Practical tips on strategies that can be used to help you help your children understand and deal with anxiety.

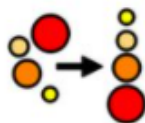
Option 1: 1st, 8th and 15th February Tuesday's, 6 - 7pm

Option 2: 4th, 11th and 18th May Friday's, 10 - 11am

The attached flyer links to <https://bounceforward.com/anxiety-and-resilience-oldham-parents/>

Word of the week

Sequencing the curriculum means to map out the skills, knowledge and content across your school curriculum, so that what children learn builds on what they've learned before.



Attendance Champions!

Well done Year 6!

Principal: Miss S Wimperis

Middleton Road, Oldham, Greater Manchester, OL9 6BH

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Stars of the week



Year group	Stars of the week	Reason for the award
Nursery	Yamini	For showing enthusiasm in all her learning across the week especially when joining in our story times.
	Abdullah	For being a kind and caring friend and looking after others.
Reception	Iqamah	For fantastic effort in all her learning, especially when learning about heavy and light
	Khadija	For having a great first week at Westwood!
Year 1	Riyad	For his fantastic drawing of the London Eye!
	Moriam	For a fantastic effort in Maths when adding 10 and writing brilliant sentences in English.
Year 2	Keyaan	For brilliant blending!
	Hareem	For delightful diary writing!
Year 3	Amirah	For wonderful effort with presentation of work
	Yusuf	For being very mature and hard working
Year 4	Nuhin	For a fantastic oral retell of his story and identifying the writers use of figurative language.
	Labibah	For completing her Topic rubrics, reading 3 times every week and always trying her best in every lesson!
Year 5	Ismaeel	For writing an excellent diary entry about Shackleton's journey to the south.
	Aayan	For completing his topic homework and bringing in amazing pieces of work about Antarctica.
Year 6	Khairah	For working hard and showing great progress so far.
	Safwaan	For working hard recently in class and at home.

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What has each class been learning about this week?

EYFS- This week in EYFS, we have been reading the story 'The Little Red Hen'. We have enjoyed retelling the story and pretending to be the characters. In Maths, Nursery have been singing number songs and matching numerals to quantity. Reception, have been learning all about heavy and light. We have been using the scales to compare different objects.

Year 1- This week, Year 1 have been writing a description about a picture from our book, No Nancy No!
In Maths, we have been adding by making 10 and using bar models to complete our number bonds to 10/20.

Year 2- This week, Year 2 have created their very own crunchy, root vegetable crisps! They were delicious! In English, we have been learning about 'The Soccumatic!' On Friday, we wrote grumpy diary entries as if we were the exhausted machine! In Maths, we have been using our multiplication facts to find fact families!

Year 3- This week in English, we have been writing a post card from the perspective of Og from our new story, Mammoth Pie. In maths, we have been learning how to count pounds and pence. In Art, we have been researching features of cave creatures.

Year 4- This week in Year 4 we have been researching the roles and responsibilities of civilians living in Ancient Rome. In Maths, we have been continuing to multiply and divide 2 and 3 digit numbers by 1 number. In Science, we started our Science experiment looking at how liquids can contribute to the decaying of our teeth! Look for images on our blog!

Year 5- This week in English, we have been writing diary entries in the perspective of the dogs who were on ship taken to the South Pole. In Maths, we have been converting improper fractions to mixed numbers and counting up in fractions.

Year 6- This week in English we have spent time researching amazing Amazonian animals so that next week we can write a fantastic report on the different animals that live there. In maths we have tackled algebra this week, which was tricky at first but lots of us are now experts!

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